

VEGANNUAL CHALLENGE AT ANNUAL SESSION 2023

Inspired by the popularity, and conversations had, during last year's *Vegannual Challenge*, and this year's *Veganuary Zoom* gatherings, the Right Relationship with Animals Working Group invites Friends' voluntary participation in **Vegannual Challenge 2023**.

Whether you are motivated by a concern for animals, the environment, climate change, or human health, we encourage participants to be deliberate in selecting meals that do not contain animal products (meat, fishes, dairy, eggs). Hood's multiple dining options will be available as usual. But there will also be a Vegan Week option, a Vegan Friday option, and plenty of opportunity to explore vegan dishes à la carte. We especially encourage Friends to explore plant-based cuisine by partaking in the balanced meals created by Hood College's knowledgeable culinary team. In the process, we hope to raise awareness of the enormous scale of humans' animal-product consumption, its negative consequences, and the positive consequences of pursuing an alternative, plant-based path.

We also want to hear from you, so this year, we are going to designate a table at each lunch session, Tuesday through Saturday, for conversation about Friends' experiences eating vegan. For a more spontaneous chat, just swing by the kiosk. Please join the Right Relationship with Animals Working Group in drawing on the testimonies of Peace, Stewardship, Simplicity, and Equality, and give plant-based eating a try in the interest of creating a better future for all.

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