

## Retreats

**Sept 7-9, 2012 & May 10-12, 2013**

The Spiritual Formation Program begins with an opening retreat, **September 7-9, 2012**, when all participants in the Program gather to prepare for the year of spiritual growth ahead. This is a time for individuals to reflect on spiritual journeys and for local groups to begin to form into spiritual communities. Our closing retreat, **May 10-12, 2013**, is a gathering to celebrate our year of spiritual growth and to prepare for the continuing journey.



*“I left the first retreat with a centeredness I’ve wanted for years.”*

## Spiritual Community

Throughout the year, Program participants meet in local groups to share spiritual journeys, to support one another in spiritual practices, and to reflect together on a book that the group has chosen to read. The local groups grow to become supportive spiritual communities for the participants in the Program.



*“This Program is about spiritual growth in a community of seekers all supporting each other on individual journeys.”*



## Individual Spiritual Practice

Each participant in the Spiritual Formation Program commits to undertake an individual spiritual practice such as prayer, meditation, journal keeping, scripture reading or celebration. The opening retreat gives an introduction to spiritual practices, and throughout the year, participants experiment to discern what practices bring them closer to God. The local groups provide support for the discernment process. Each participant agrees to read a book each month to be discussed in the local group. The books include spiritual classics and first-hand accounts of spiritual journeys.

*“My group made my own spiritual practice possible.”*

## SPIRITUAL FORMATION REGISTRATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone #: \_\_\_\_\_

Email address: \_\_\_\_\_

Monthly Meeting: \_\_\_\_\_

Vegetarian? Yes  No

Have you participated in the Spiritual Formation Program before? Yes  No

Enclose a check payable to  
Baltimore Yearly Meeting for:

\_\_\_ **\$375** to cover the full cost OR

\_\_\_ **\$400** or higher amount \$\_\_\_\_\_ to help

support others (Note: Any amount above **\$375** is considered a tax deductible donation to Baltimore Yearly Meeting) OR

\_\_\_ **\$325** because I cannot afford the full cost of the Program

**Payment of at least half of the registration fee must be received by August 16 to reserve your place at the opening retreat.**

A few single rooms may be available. Single supplement is \$30 **per retreat**.

**Return your registration before 8/16/2012 to:  
BYM Office**

**17100 Quaker Lane**

**Sandy Spring MD 20860-1267**

# What is the BYM Spiritual Formation Program?

For over 20 years, members and attenders of Meetings within Baltimore Yearly Meeting have experienced spiritual growth in community by participating in the BYM Spiritual Formation Program. The Program involves:

- Retreats
- Spiritual Community
- Individual Practice
- Reading spiritual classics

*"This Program changed my life!"*

The cost of the Program, including both retreats, is **\$375**. Registration deadline is **August 16, 2012**.

## BYM Spiritual Formation Program

Sponsored by the BYM Ministry &  
Pastoral Care Committee

**Mark your calendar:**

**Registration must be  
received by [August 16, 2012](#)**

**Opening retreat:  
[September 7-9, 2012](#)**

**Closing retreat:  
[May 10-12, 2013](#)**

For more information call or email:

Tracy Haidar 717-633-5478  
Tracy.rx@comcast.net

*Do you seek a deeper  
spiritual experience?*



You are invited  
to join the  
***Spiritual Formation  
Program***

Sponsored by the  
BYM Ministry & Pastoral Care Committee